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Wyoming Seminary



Wyoming Seminary graduates from the classes of 2017 and 2018 recently returned to the Upper School campus to participate in a College Panel, sharing their college experiences with current students. Moderated by Denny Barber, Sem's associate director of college guidance, the six-member panel gave students information on how to search for a college, how to balance academics with extracurricular activities and how to adjust to the rigors of college. The panel discussion ended with a question and answer session from the audience. Seen following the Wyoming Seminary College Panel are, from left: Ellie Rosentel '18, University of Scranton; Grace Leahy '17, University of Pennsylvania; Caleb Jerome '18, Texas Christian University; Jaclyn Morgan '18, Loyola University; Dan Paglia '18, Notre Dame University; and Sam Sweitzer '18, Wake Forest University.

Happy Valentine's Day



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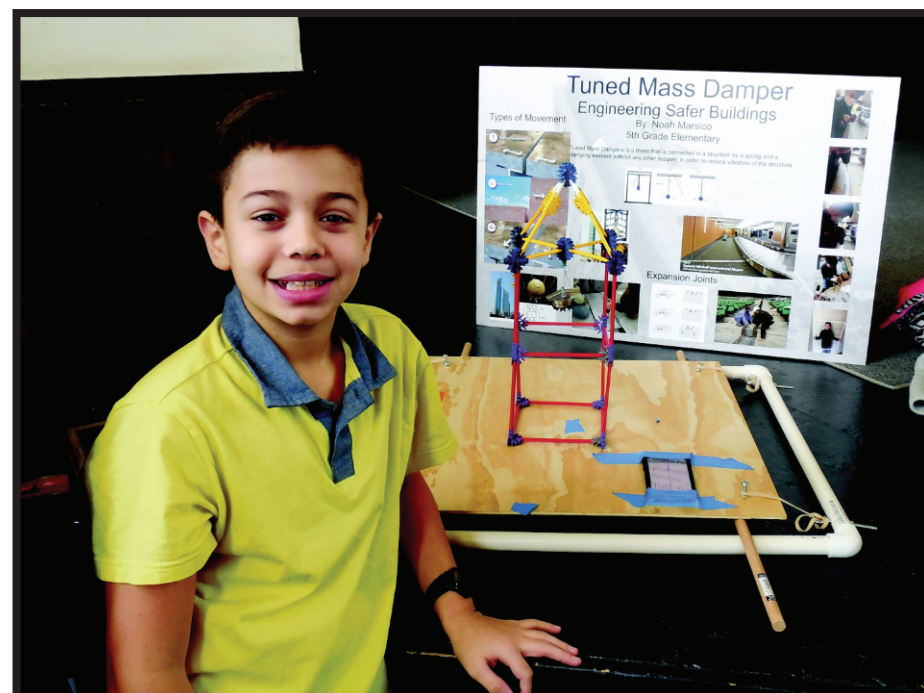
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The General Federal Women's Club



The General Federal Women's Club West Side members purchased and donated 454 pairs of women's and children's socks to the Domestic Violence Center, WB and the Catherine McAuley House, Plymouth. This "Step Away from Abuse" project was part of the GFWC State Presidents Project. Pictured are Gail Frank, GFWC West Side President, Becky McCuen and Eileen Gallagher, co-chairman.

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Wyoming Valley Montessori School Students Perform The Magic Pasta Pot by Ginny Hall



The Wyoming Valley Montessori School Upper Elementary students opened the holiday season by performing The Magic Pasta Pot by D. M. Larson for parents and the student body. Students designed their costumes and helped with the creation of the set as preparation for their performance of this Italian folktale. Pictured are the students in costume prior to their performance.

First Row– Noah Marsico, Kingston, Olivia DeLucca, Wilkes-Barre, Alex Worrall, Nanticoke, Matthew Dailey, Kingston and Emma Murphy, Dallas.

Back Row- Haley Jacob, Student Director Bear Creek, Brendan Granahan, West Wyoming, Levi Nordstrom, Drums, Brendan Fives-Coburn, Hanover Twp, and Dylan Harrison, Dallas.



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Best Dressed Pet for the Oscar's Contest at the Hoyt Library

The Hoyt Library is sponsoring a *Best Dressed Pet for the Oscars Contest* beginning January 28, to coincide with the Library's tenth consecutive year of celebrating one of the movie industry's biggest award ceremonies, the Oscars!

Patrons who wish to enter their pet for the contest must submit a photo of their pet dressed in their pet's fanciest, most dazzling attire, as if their pet were posing on the Oscar's Red Carpet! Any pet that is entered must be currently living, and is owned by the person entering the contest on the pet's behalf.

All entries are to be submitted to the Information Services' Department, located on the second floor of the library, no later than Saturday, February 16; by 3:00 p.m. Patron voting for the pet photo contest begins February 18, and closes February 23.

The winner of the Hoyt Library's *Best Dressed Pet at the Oscars Photo Contest* will be announced on Monday, February 25. The winning pet photo will receive an award certificate, and a special pet gift basket!

This event is free to the public. For additional information, call the Library at 570-287-2013 ext. 230, or visit the Information Services' Department.

Clicking "Interested" on the Facebook Event will not be accepted as a confirmed vote for the pet contest. All voting must be done in person.



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PLYMOUTH KIWANIS

DONATES TO MCAULEY HOUSE



Sister Kathleen Mary Smith RSM, the Coordinator of the Catherine McAuley House in Plymouth recently was the featured speaker at a weekly meeting of the Plymouth Kiwanis Club. Sister Kathleen offered a history of Catherine McAuley in her presentation.

Catherine McAuley was an Irish Catholic laywoman who recognized the many needs of people who were economically poor in early nineteenth century Ireland and determined that she and women like her could make a difference. She spent her personal inheritance to open the first House of Mercy in Dublin in 1827.

Following the presentation, Kiwanis President-Elect Richard Schall presented Sister Kathleen with a donation to the Catherine McAuley House to assist with its financial obligations. The Plymouth Kiwanis Club has provided an annual donation to the McAuley House over the past several decades. Pennsylvania Kiwanis District Division 15 Lieutenant Governor Tiffany Callaio, a member of the Wyoming Area Kiwanis Club, made her liaison visit with the Plymouth Kiwanians at this meeting.

Pictured, seated, from the left, are Plymouth Kiwanian James Mahon and Lieutenant Governor Tiffany Callaio. Standing, from the left, are Plymouth Kiwanis Treasurer Raymond Motyka and Sister Kathleen Mary Smith accepting a donation from Plymouth Kiwanis President-Elect Richard Schall.

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Movie Theatre Etiquette
 By Jill Evans Kryston, Etiquette Consultant – Westside Bulletin,
 February 2019

Q: My friends and I like to have a girl's night out at the movies, but we're tired of having to put up with the rude behavior of those who misuse cell phones and text message while the movie is playing. Can you establish some guidelines to follow?



A: Your question touches on two of the biggest pet peeves among movie-goers. However, there are many behaviors to consider while at the theatre so I will start at the beginning...

1. Arrive on time. It's not fair to disrupt others who were courteous enough to be there on time.
2. When entering a row of seats, be sure to face the back of the theatre. It is impolite to place your back end in the face of another.
3. Plan your refreshment purchases and restroom visit before entering the theatre. Open packaged food and make any necessary cell phone calls before the movie previews begin. If you know you'll have to get up during the movie, choose a seat close to the aisle to cause minimal disruption.
4. Once the movie has begun, get into the habit of turning off your cell phone. Pagers and alarm watches should also be silenced. If you absolutely must take a call, make sure your phone is on vibrate mode and exit the theatre to either answer or return the call. Some people think text messaging is a remedy for not talking in the theatre. In fact, the glare of the light is equally disturbing. Check for messages after the movie is over.
5. Use good judgment when taking children to the theatre. Hire a babysitter for children under the age of four and make sure the content is appropriate for older children. Bored and noisy children can disrupt an entire audience. It is best to leave the theatre if this happens.
6. Make sure your voice and movements in the theatre are quiet. Gently chew with your mouth closed, don't slurp your drink, and wait until the movie is over before crumpling your garbage.
7. Be especially cautious of public displays of affection. Although the lights are dim, you are not alone in a theatre.
8. Exit the theatre in a courteous and orderly fashion. Be sure to dispose of your garbage in the appropriate receptacles.

Keep in mind that a movie theatre is a public venue; it is not the same as watching Netflix on your couch. Show respect to others who have invested their hard-earned money to watch a long awaited movie. If you are being disturbed by the rude behavior of others, don't hesitate to call it to the attention of an attendant or manager.

Email your etiquette questions to Jill at: information@DefiningManners.com or mail to: P.O. Box 1703, Shavertown, PA 18708. Defining Manners School of Protocol offers certified social and business etiquette courses. For more information visit: www.DefiningManners.com or call 570-696-3209.

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Happy Valentine's Day



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Wyoming Valley Montessori School Primary Students Celebrate Grandparent's Day



Lower Elementary Students of the Wyoming Valley Montessori School observed the MLK Holiday with a reading and enactment of the epic, "I Have a Dream Speech." The students prepared for their enactment by studying the life and legacy of Dr. King.

WVMS was founded in 1970 by a group of parents interested in the educational philosophies of Dr. Marie Montessori. The school has a staff of 30 and an enrollment of over 125 students. It is an independent, non-profit co-educational day school and is fully accredited by the American Montessori Society and the Middle States Association Commission on Elementary Schools.

Wyoming Valley Montessori School students who participated in the enactment pictured are kneeling: Grace Lehane, Dallas, Apurva Kantheti, Dallas, Kenley Berryman, Swoyersville, Cara Murphy, Dallas, Avery Nat, Shavertown, Mateo Deluca, Wilkes-Barre, Cordelia Carpenter, Dallas, Nathaniel Belanger, Mountain Top, Lily Travis, Wilkes-Barre, Harper Acornley, Larksville, Annemari Kaba, Kingston.

Second row Kneeling- Jonah Gottlieb, Shavertown, Louis Hoang, Dallas, Natalie Mantush, Hanover Township, Aha Hoang, Dallas, Zion Kaba, Kingston, Ayza Ali, Dallas, Allison Pickreign, Nanticoke, Piper Nat, Shavertown, Ainsley Kile, Shavertown, Cash Harrison, Shavertown, Marco Nardone, Moosic, Mohammad Azaizeh, Kingston.

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WYOMING VALLEY CHAPTER DAR PARTICIPATES IN WREATHS ACROSS AMERICA



Pictured L-R: Ragan Blidner, Amy Ellsworth, Kathleen Zinskie, Alice Keiner, Heather Ruseskas.

Each year on Wreaths Across America Day, thousands of volunteers attend ceremonies and place wreaths on the graves of US Veterans in cemeteries across the country.

Wreaths Across America is a 501(c)(3) nonprofit organization founded to continue and expand the annual wreath-laying ceremony at Arlington National Cemetery begun by Maine businessman Morrill Worcester in 1992. The organization's mission – Remember, Honor, Teach – is carried out in part each year by coordinating wreath-laying ceremonies in December at Arlington, as well as at more than 1,200 veterans' cemeteries and other locations in all 50 states and overseas.

This was the second year that the Wyoming Valley Chapter of the Daughters of the American Revolution has participated in this event. As a fundraising partner with Wreaths Across America, chapter members secured 116 wreaths sponsorships for graves at Indiantown Gap National Cemetery.

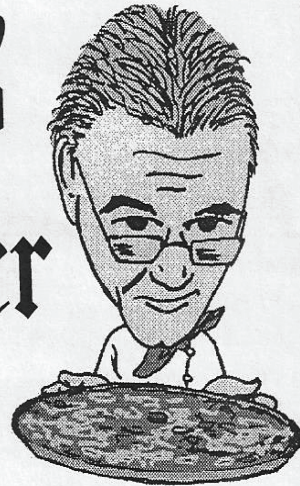
Several members attended the Wreaths Across America Ceremony at Indiantown Gap and placed wreaths on graves along with thousands of other volunteers.

If individuals or groups are interested in sponsoring wreaths, please contact Amy Ellsworth at wyoalvis@gmail.com for more information.

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"Shawnee Time Travelers
back again"



On Sunday, February 24, the Plymouth Historical Society and the Shawnee Cemetery Preservation Association will hold their 2nd partnership event, "Tribute to our Troops," in the Shawnee Room at Happy Pizza, 40 W. Main St., Plymouth. Local members will portray citizens of the past while attendees enjoy a spaghetti buffet. Event begins at 1 p.m. Buffet tickets are \$15 and proceeds will benefit both organizations. For tickets and information, call 570-406-1238.

Shown in photo from last years event are Shawnee Time Travelers, left to right, Tom Jesso, Ruth Jesso, Mary Kondrad, Steve Kondrad, Jay Bonito, Lorraine Smith, Bruce Geiger, Heather Ruseskas, Ruthie O'Dell and Mark Ruseskas. Second row, Albert Dragan, also known as President Abraham Lincoln.

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Wyoming Seminary names Clements-Katyl Director of Alumni Programs



Elizabeth L. Clements-Katyl of Forty Fort has been named Director of Alumni Programs at Wyoming Seminary College Preparatory School, announced John Shafer '71, Sem Vice President of Advancement.

Clements-Katyl, a graduate of the Sem Class of 2005, is responsible for planning, managing and directing all alumni activities, events and programs.

"We are delighted to have Liz join our advancement team," Shafer said. "Her knowledge of and affection for Sem, in addition to her previous participation in alumni events and the Alumni Council, are important assets in our ongoing efforts to best serve our alumni."

Before joining Sem, Clements-Katyl served as an underwriting training coordinator, and senior classification analyst

and trainer, for Berkshire Hathaway Guard Insurance Companies in Wilkes-Barre. She also served as director of sales and marketing and licensed insurance agent for the Katyl Agency in Dunmore.

"I have happy memories and a deep love for Wyoming Seminary and it feels very natural to be back on campus," Clements-Katyl said. "My work as director of alumni programs gives me opportunities every day to share the important contributions Sem makes to our students, parents and our community with our alumni. Sem has a great story to tell and I'm looking forward to sharing that story with my fellow graduates."

In addition to her work at Sem, Clements-Katyl is an active volunteer with Intercollegiate Leadership Wilkes-Barre, the North Branch Land Trust annual dinner committee and, together with her husband Josh Katyl, with Northeast Sight Services. She also serves as the secretary of the Wyoming Seminary Alumni Council.

Clements-Katyl holds a bachelor of science degree in business administration and marketing, summa cum laude, from Misericordia University.

Happy Valentine's Day



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Wyoming Area Catholic School Cougar Cub Exhibition Game



Recently, Wyoming Area Catholic School in Exeter showcased the Cougar Cubs Basketball Program, boys and girls in grades 1-3. The school community came out to cheer and support the cougar cubs in their last game for the season. Wyoming Area Catholic cheerleaders shouted and applauded throughout the game. The cougar mascot, a.k.a. Allie Mozeleski, roared as the cougar cubs played.

Row # 1 - Kneeling

Grace Klein, Morgan Madar, Hannah Beekman, Julianna O'Hop, Luke Silinskie, Christopher Maslar, Daulton Davala, Matthew Shemo, Claire Silinskie, Ava Riley.

Row # 2 - Standing

David Kovaleski, Cayden Richards, Brynn Roberts, Nathan Long, Gianna Johnson, Blake Pribula, Emma Peters, Evie Poor, Kylee Edwards, Frank Pacelli.

Row # 3 - Coaches

Vinnie O'Hop, Evan Richards, Chris Silinskie, Will Beekman.

Absent from photo, Coach Anthony Calabro and second grader Anthony Calabro.



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Celebrate The Hoyt Library's Tenth Year of the Oscars!

The Hoyt Library for the tenth consecutive year is celebrating the Oscars!

Visit the library to cast your vote for who you think will take home one of Hollywood's most coveted awards, the Oscar! Ballot entries will be available beginning Monday, January 28 at the library. Enter as many times as you like!

The winner of the contest will have correctly matched all of the Oscar winners from the televised program. All ballots must be the official ballot form of the library. Any illegible, scribbled, or double checked ballot boxes will be automatically disqualified. If no ballot received has all correct answers, the ballot with the most correct answers will be chosen as the winner. In case of a tie, the winner will be randomly chosen.

Then, on February 25, the day after Hollywood's biggest night, the Hoyt Library will announce the name of the person whose ballot entry had all winners chosen correctly. The winner will be presented with a certificate of their Oscar achievement, a special "Golden Oscar" for their cinematic expertise, and become the winner of our Oscar Prize Basket!

Voting closes Saturday, February 23, by 3:00 p.m.

Visit the Hoyt Library and fill out your Oscar ballot today! Don't forget to check-out any of the available Oscars movies too!

The Graham Academy Community

The word 'community' often means different things to different people. It may mean a small neighborhood in Pennsylvania or even a specific sports genre. It could also mean a group of individuals in the same profession or who share the same passion or interests. The important components of any community are the people in them and the roles they play. The Graham Academy has a specific perspective on what a community environment means within the school.

The school refers to itself as a learning community. The stakeholders of the community are the parents, professionals, and the students. When thinking of the school as a community it allows us to illustrate what a community does for its members. A strong community will uphold values, follow their mission and establish an environment of empowerment. At the Graham Academy, when a student is still struggling with their own decision-making process and experiencing other challenges, the community will help support their development and personal success.

As the student progresses, they begin to gain the skills and emotional capacity to begin to give back and contribute to the community. This can be seen when students are given opportunities to work in the school and help their peers. By giving them opportunities, they begin to understand that they are part of something that is bigger than themselves and start to internalize how their actions can affect others.

We also use the principles of responsibility, value, and safety in helping our students understand how their everyday action can affect the people around them. An individual will begin to understand that they are not performing for the acceptance of a teacher or a peer but instead they are part of a bigger group that will support them in accountability and in opportunity. A student will begin to understand themselves instead of blaming others for their lack of access to certain items and opportunities. As they begin to realize they are held responsible to a larger group they become more comfortable because they are not working for or against one person, instead contributing to the overall process.

Professionals in the community are held to the same standards and expectations of their students. Having experience under their belt, they can support and guide their students through the process and provide opportunities to mature and grow. The same goes for the professional in regard to being accountable to the group, not an individual, which comes in the form of taking care of your own responsibilities and providing and receiving feedback. The professional helps grow the community through supporting their students through all the opportunities the community has to offer.

Parents are the conduit that allows the community to exist. They are contributors in upholding the values of the community in both their children and the professionals working with their children. Parents involvement is a crucial aspect of our community to help lift the accomplishments of the students and the professionals.

Once a month, The Graham Academy has a community event that allows all our stakeholders to come together and celebrate the community. Students have the opportunity to showcase their hard work and efforts while the professional can support the experience for the student and their parents. These activities allow all community members to be involved and collectively participate.

The Graham Academy is proud of the school community and all it has accomplished with everyone involved. Bringing every person in the education process together, lends itself to a more successful future for the students, a positive experience for the parents, and a complete view for the professionals of how to better serve the Graham Community



Halloween



Thanksgiving



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Kaufer Continues to Offer Assistance Events to Veterans, Persons with Disabilities in 2019

Rep. Aaron Kaufer (R-Luzerne) reminds residents that his office offers assistance events to veterans and persons with disabilities each month.

From 10 a.m. to 2 p.m. on the third Thursday of each month, Brian Stolarski, department service officer with the American Legion, is at Kaufer's office to assist veterans, their spouses and their dependents with a range of issues including compensation, pensions, death benefits, education and health care, as well as many other veteran-related issues. Stolarski will be at the office on Thursday, Jan. 17.

On the fourth Wednesday of each month, Bob Fox, from the Center for Independent Living (CIL), will be available for the Disability Advocacy Program to assist persons with disabilities, ages 18 and over. Fox can assist with skills training, information and referral to additional services, peer counseling, home modifications, attendant care and community integration, in addition to deaf and autism services. Assistance is offered from 2-5 p.m. In January, it will be offered on Wednesday, Jan. 23.

Kaufer's office also provides services to residents at three conveniently located satellite offices: •Kingston Township, 180 East Center St., on the second Friday of each month from 9 a.m. to noon. •Exeter Township, 2305 State Route 92, on the third Friday of each month from 9-11 a.m. •Exeter Borough, 1101 Wyoming Ave., on the third Friday of each month from noon to 2 p.m.

For more information about this outreach, or any other state-related issue, contact Kaufer's district office in Luzerne located at 161 Main St., by calling 570-283-1001. Information can also be found online at RepKaufer.com or [Facebook.com/RepKaufer](https://www.facebook.com/RepKaufer).

PLYMOUTH KIWANIS

INDUCTS NEW MEMBER



James J. Mahon III, associated with Today's Treasures, East Main Street in Plymouth was recently inducted as the newest member of the Plymouth Kiwanis Club. Mr. Mahon, a former member of the local community service organization, returned following an absence of several years. During his previous tenure, he served as the club president for seven terms and served as a member of the Plymouth Borough Council.

Tiffany Callaio, lieutenant governor of Pennsylvania District Kiwanis Division 15, attended the meeting and served as the installing official for Mr. Mahon. In her visit, Callaio, a member of the Wyoming Area Kiwanis Club, discussed membership issues with the Plymouth club and offered guidance on membership recruitment.

Pictured, from the left, are Lieutenant Governor Tiffany Callaio, James Mahon, and Plymouth Kiwanis President-Elect Richard Schall during the installation ceremony.

The Plymouth Kiwanis Club meets the first and third Wednesday of each month at 6:30 p.m. at Happy Pizza, 40 West Main Street in Plymouth. The club is actively seeking new members. Information on the Plymouth club or Kiwanis in general can be obtained by calling President David Bonawits at 570-430-6262.

KINGSTON ACTIVE ADULT CENTER
335 THIRD AVENUE
KINGSTON PA 18704
570-287-1102

FEBRUARY 2019

DAILY ACTIVITIES: Coffee, Computer Use, Shuffleboard, Puzzles

Monday: 10:00 Healthy Steps, 1:00 Line Dancing 10:30 “Basic Technology Class” – (Cell phones, Computers, etc)

Tuesday: 10:00 Let Your Yoga Dance – Only on Feb 5th this month 12:30 Genealogy Class – Feb 5th

Wednesday: 10:00 Seniorise, 1:00 Tai Chi 11:00 – Meditation with Jean – Feb 13th and 27th

Thursday: 10:00 Healthy Steps, 11:00 Belly Dancing 1:00 Alzheimer’s Support Group – Feb 21st

SPECIAL ACTIVITIES

Feb 1 – Super Bowl Party and a special visit from our favorite Ground Hog, “Murray!”

Feb 4 – 10:30- “Basic Technology Tips” – (Cell phones, computers, etc.) 11:30 Nutrition Ed – “Pasta Substitutes for Those with High Cholesterol and Diabetes”

Feb 5 – 10:00 – Penn State Extension Nutrition – “Graduation” 12:30 – Genealogy Class

Feb 6 – 11:15 – “Healthy Eating” – Kingston Health Care Center

Feb 7 – 11:00 – “Knee Pain” – Presented by Cawley Physical Therapy

Feb 11 – 11:30 – Nutrition Ed – “Foods that May Help Clear Blocked Arteries”

Feb 12 – BAG LUNCH – Center remains open for all activities

Feb 13 – 11:00 – Meditation with Jean

Feb 14 – VALENTINE SPECIAL LUNCH

Feb 15 – Birthday of the Month Celebration

Feb 18 – CENTER CLOSED IN OBSERVANCE OF PRESIDENT’S DAY

Feb 19 – 10:30 – Blood Pressure Checks by Manor Care 11:30 – Nutrition Ed – “Is Drinking Wine Heart Healthy”

Feb 20 – 10:00 – 1:00 – Staff from State Representative Aaron Kaufer’s office will assist members with Property Tax and Rent Rebates 11:15 – “New Tips for Heart Health” – PA Dept of Health

Feb 21 – 11:00 – “Senior Scams” – David Shallcross from the PA Attorney General’s Office 1:00 – Alzheimer’s Support Group-Hosted by Home Instead Senior Care

Feb 25 – 11:30 – Nutrition Ed – “Healthiest Foods from Fast-Food Restaurants”

Feb 27 – 11:00 – Meditation with Jean

*** THURSDAY, FEB 28TH IS THE 45TH ANNIVERSARY CELEBRATION OF THE KINGSTON ACTIVE ADULT CENTER. WE WILL BE HAVING A SPECIAL PROGRAM BEGINNING AT 11:00 WITH REMARKS FROM SPECIAL GUESTS. LUNCH WILL BE SERVED AT NOON. AT 1:00 WE WILL HAVE ENTERTAINMENT BY BILL DICKSON, A MAGIC AND COMEDY ACT. PLAN ON JOINING US FOR THIS SPECIAL TIME TO CELEBRATE 45 YEARS OF FRIENDSHIPS AND ACTIVITIES AT THE KINGSTON AAC.

We are currently accepting new memberships, as well as requesting our current members to renew and update their 2019 memberships! Membership is a \$5 donation. The center is open every day from 8:00-4:00. Lunch is served at noon and reservations must be made a day ahead by 1:00. For those 60 years of age and older, the meal is a \$2.00 donation. For those under 60, the cost of the meal is \$5.07. For any additional information or questions, you may call the center at 570-287-1102.

Sandy Acornley – Director Jean Spindler, Assistant Director

4 Steps for DIY Paint Project Success

(Family Features) Painting is one of the easiest and most impactful DIY projects for homeowners to quickly update their homes. Whether it’s a new look in a master bathroom, adding a pop of color to the guest room, finishing off a basement remodel or anything in-between, a fresh coat of paint provides a fresh spin that’s all your own.

To make your painting project go smoothly, consider following these important steps. Take this task list from the experts at Purdy Professional Painting Tools into account before diving in to your DIY painting project.



Find inspiration. Having a final design in mind before starting your project can help you plan. From the obvious wall color to more intricate details like painting trim, doors, the ceiling and more, starting your project with a plan can help you avoid multiple trips to the store.

Remember, the details are important: incorporating the correct types and sheens of paint, using complementary colors, buying the proper amount of paint and more.

Collect the right tools. Part of the planning process includes ensuring you have the proper tools for the project. A paint brush, roller cover, r

oller frame, paint tray and extension pole are the basic essentials for your project’s success. From step ladders and putty knives to wood filler and drop cloths, it’s crucial to have everything you need.

However, keep in mind that not all tools are created equal. For example, when you use a high-quality paint brush, you’re more likely to paint straight lines when cutting in to corners and walls. You may also notice a much smoother finish, one without unsightly brush strokes, which means a more visually appealing result with less effort, too. One option is Purdy Brushes, which are specially designed and hand-crafted to ensure you get professional-quality results every time. Find a tool selector to help you find the best brushes, roller covers and painting accessories for your project at purdy.com.

Prepare the area. Proper planning for your project depends on which room in the house you’re painting. The main rules of thumb include removing everything from your walls – including curtains, decor and switch plates – using drop cloths to cover floors; removing or lowering light fixtures from the ceiling; and emptying the room of tables, lamps, furniture and other movable objects. If this isn’t possible, push all the pieces to the center of the room and cover with drop cloths.

Don’t forget to prepare the surface you are going to paint. Patch and sand any holes or imperfections. Then wipe down surfaces you plan to paint with warm water, which helps remove dirt and dust that can sometimes prevent paint from adhering. If possible, open windows for better ventilation once you’re ready to start.

Clean up. When the painting process is finished and you’re appreciating the hard work, don’t forget the job isn’t done until you’ve properly cleaned up. Paint brushes and roller covers should be washed promptly after use to ensure they can be used again. Use warm water and mild detergent to clean then let air dry. If you end up with leftover paint, it can be helpful to save some for future touch-ups. One helpful tip is to write on the can what room or walls you painted, the date and color name. This information can be beneficial should you need to purchase more paint at a later date.

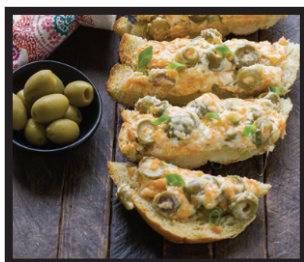
Game Day Eats and Treats

Score major points with delicious dishes

(Family Features) If the crew is coming over to root for your favorite team, it may be time to spice up the menu. Whether you're hosting the weekend get-together or watching the game after work, switch up your typical spread and serve something new to leave your guests cheering for more.

When it comes to choosing an ingredient that can lend a winning assist to nearly any dish and score you some major points, look no further than California Ripe Olives.

Variety is key when mapping out food for a crowd, regardless of the event. Plan on serving one main course and two sides, and consider no-fuss options like chips and dips. If there are kids in attendance, make sure there is something neutral for even the pickiest eaters to snack on. However, try your best to avoid anything that needs a knife and fork to eat – finger foods typically work best when the game is on and conversation is flowing.



The mild and unique taste of California Ripe Olives lends itself well to many different flavor pairings, such as these recipes for Pulled Pork Sandwiches with Peach-Olive Jam, Easy Olive Bread and Sun-Dried Tomato and Olive Tapenade. Whether your guests are fans of spicy, mild, sweet or savory, the only limit is your imagination when you pull a can of olives from the pantry.

Family farms across California grow 95 percent of the ripe olives consumed in the United States. Each can is a labor of love. Multi-generational family farms work with family-owned canneries in California to produce each can and ensure only the highest quality olives make it from the farm to your game-day table. For more creative ways to use olives, including family recipes from growers across California, visit CalOlive.org.

Simple Entertaining Tips to Take Your Table to the Next Level

1. A colorful platter is an easy way to spice up a spread.
2. Pair something salty with something sweet for a juxtaposition of flavors.
3. If you're serving food on neutral plates, add some colorful linens.
4. Plan the menu around a central theme or ingredient.
5. Guests love choices – making more options available can make for better spreads.
6. Use versatile ingredients, like California Ripe Olives, to keep picky eaters happy.

Pulled Pork Sandwiches with Peach-Olive Jam

- 1 teaspoon olive oil
- 3 pounds pork shoulder roast
- kosher salt, to taste
- ground black pepper, to taste
- 4 cloves garlic, quartered
- 4 cups low-sodium chicken broth
- 8 ounces dried peaches
- 1 tablespoon chili powder
- 1 cup California Black Ripe Olives, wedged
- 2 teaspoons country mustard
- 1 ounce arugula
- 8 onion rolls, split and toasted



- Heat oven to 375 F.**
- In large, high-sided saute pan, heat oil over medium-high heat.
 - Season pork with salt and pepper, to taste, and cook in pan 3-4 minutes on each side until browned.
 - Stir in garlic and continue cooking 3-5 minutes.
 - Pour in chicken broth, peaches and chili powder; bring to boil.
 - Cover loosely with foil and bake in oven 2 hours.
 - With slotted spoon, carefully remove peaches and transfer to small mixing bowl.
 - Mix olives and mustard with peaches; set aside.
 - Continue to cook pork in oven 30-60 minutes until fork tender.
 - Allow to cool slightly then shred by pulling apart with fork.
 - Assemble sandwiches by spooning pork onto toasted rolls.
 - Top with arugula and peach-olive mixture.

Easy Olive Bread

Recipe courtesy of The Wicked Noodle

- 8 ounces cream cheese, softened
- 1/4 cup unsalted butter, softened
- 1/2 cup mayonnaise
- 1 clove garlic, minced
- 2 cups shredded cheddar cheese
- 10 ounces California Green Ripe Olives, chopped
- 2 green onions, chopped
- 1 loaf French bread, sliced in half lengthwise

Heat oven to 350 F.

In bowl, mix cream cheese, butter and mayonnaise until thoroughly combined. Add garlic; stir well to distribute. Add cheddar cheese, green olives and green onions; stir to combine.

Spread mixture on cut sides of bread. Bake 20-30 minutes, until cheese is hot, bubbly and starting to brown.

Sun-Dried Tomato and Olive Tapenade

- 1/2 cup shallots, chopped
- 1/4 cup chopped smoked sun-dried tomatoes
- 2 tablespoons extra-virgin olive oil
- 2 tablespoons white balsamic vinegar
- 2 cloves garlic, minced
- 1 can (6 ounces) California Green Ripe Olives, drained
- 1 can (6 ounces) California Black Ripe Olives, drained
- 1/4 cup lightly packed fresh basil
- sea salt, to taste
- freshly ground pepper, to taste
- crackers or toasted baguette slices

In food processor, pulse shallots, sun-dried tomatoes, olive oil, vinegar and garlic until finely chopped. Add olives, basil, salt and pepper; pulse again until chopped.

Cover and chill 1 hour.

Serve with crackers or toasted baguette slices.

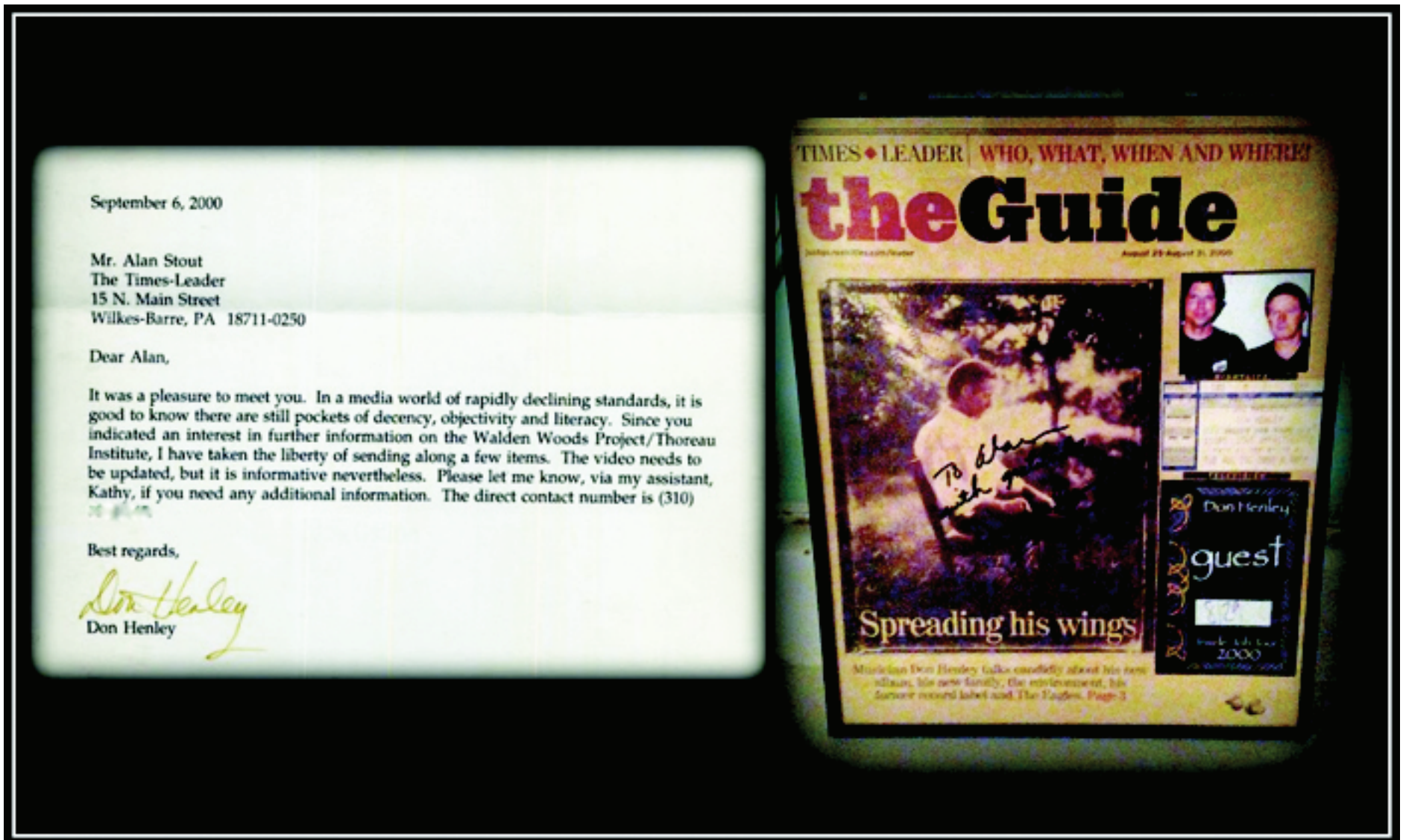
Note: Recipe can be prepared one day in advance.

Photo courtesy of The Wicked Noodle (Easy Olive Bread)



A Don Henley story ... and a few more

By ALAN K. STOUT
Westside Bulletin Correspondent



One of the cool things about being a music writer in your early 50s is that, when you've been doing it for 25 years, you've got some miles on you and you've got some stories to tell. And I do have quite a few. My aunt once told me that I should write them all down in a book. She thought my kids might enjoy reading them some day. I don't know if I'll ever have time for that, but maybe. I have learned, especially lately, that people seem to enjoy hearing cool stories about rock musicians. But for some reason, when you tell them - at least for me - you kind feel like a name-dropper, and so you tend to just keep them to yourself. Even my family and closest friends probably don't know most of them because I just don't talk about them.

A few years ago, however, I read a marvelous book called "Cornflakes with John Lennon," which was written by a music journalist from the Los Angeles Times. He shared his stories - stories of his meetings with Elvis, and Springsteen, and Elton John, and Lennon - and I just loved it. And so I'm thinking maybe I should share a few of mine from time to time.

Here are two short ones:

* I once saw Alice Cooper sneak a candy bar to a kid behind his parents' back, but also tell the kid not to eat it until after dinner. It was 1996. The kid's parents were big fans. We were hanging out on Alice's tour bus. And all I could think was, "That's pretty funny. To some, back in the '70s, this guy was 'Public Enemy Number 1.' He was the devil himself. And here he is acting like a sweet old uncle to this little kid."

* I was the very first person that Steven Tyler spoke with, just minutes after learning that Aerosmith had earned its first No.1 single with "I Don't Want To Miss A Thing."

"Not but 20 seconds ago, it went to No. 1 in America," said Tyler. "I am freaking. I can't wait to go outside and smoke a cigar."

(Continued on page 19)

(Henley continued from page 18)

And hey, who could blame him? At that point, in 1998, the band had already been around for 25 years. They'd had plenty of big hits before, but the guy had literally just found out he had his very first No.1. I said, "Congratulations." He said, "Thank you." Every time I hear that tune, I think of that. If you're a fan, the whole interview is up on YouTube. We talked for quite awhile about all-things Aerosmith and he really let it fly on a few topics. Just Google my name and Steven Tyler and it should pop right up.

About three years ago, my daughter, who nine at the time, came across some of my work on the web. I guess she Googled her Dad. And suddenly, she thought I was pretty cool. We got to talking about music, and she told me how her third-grade teacher loved Billy Joel. I told her I'd seen him play live a few times, and that I'd interviewed him once. She seemed have a hard time getting her head around that. I said, "Just Google my name and Billy Joel and you can listen to it." It's not that big a deal to me. I did it 23 years ago. But people, even my little girl, seem to like hearing about such things. And I think the main reason is because they like to hear firsthand stories from people that have had nice experiences with such talented artists, and they like learning that despite their great fame, many such artists remain quite grounded.

(Don't we all love hearing those stories of Elvis visiting a car lot, observing someone he didn't even know checking out a car that they could not afford, and buying it for them on the spot?)

It took me a long time to realize that. And so now, from time to time, I may share a tale or two. Here's one about Don Henley ...

I saw The Eagles twice. And I always really loved some of Don Henley's solo work. "The Boys of Summer" and "The End of The Innocence" are, in my opinion, two of the best songs of the '80s, and so when Henley came to Montage in 2000, I was happy about the opportunity to interview him. I usually did phone interviews during the afternoons, in the newsroom where I worked, but I think Henley may have been out west when we set up the interview, so his publicist asked if we could do it about 8 p.m. That was fine. And so Don Henley, the man who co-wrote most of the songs on "The Eagles Greatest Hits" - the biggest selling album of the 20th century - called me at my old apartment in Kingston.

That alone was pretty cool. I am sitting in my apartment, talking about music with Don Henley.

The story ran in the paper a few days before the show, and before he even came to town, he'd already read it online, or on the national wire, and I guess he really liked it. (All I did was tell his story in my own way and quote him accurately, so I assume he'd had some bad experiences with the press.) I later met him in person before the show and he was very appreciative of the article, which surprised me because, well, you know ... he's pretty huge and he had been written about thousands of times. At one point, he said to me:

"Are you also covering or reviewing the show tonight?" I told him that I was.

"Well, is this a conflict of interest for you, being back here with me before the show?" he said with a semi-smile. I smiled.

"I'm not worried about that," I said. "I'm sure you're going to give a great show, and I look forward to writing about it. And if I had the chance to come back here and shake your hand, and thank you for your time for the interview, I was going to do it."

He said he was glad that I did, and we chatted for a bit more. I gave him a printed copy of the story, and he signed one for me, "To Alan - with gratitude. Don Henley."

That one is a keeper. A week or so later I opened my mail and found the letter seen above. In it, he called me a "pocket of decency."

(Sadly, the nickname never stuck, but if you'd like, you can still call me "Pocket.")

Looking back on that now, Henley didn't have to do any of that. He didn't have to do the interview, during which he was remarkably candid. He didn't have to take a few minutes to chat before the show. The article was already published. And he certainly didn't have to also write a follow-up letter to a guy from Kingston. These days, I listen to "Hotel California," or "One of These Nights," or "Best of My Love," and I think, "That interview was pretty cool. That one was special."

Maybe I should start writing these stories down

Alan K. Stout has covered rock and pop music in NEPA since 1992. His weekly radio show, "Music On The Menu," airs every Sunday from 9-10 p.m. On The River.

Wyoming Free Library

Children's Produce Market

A children's produce market will be held Saturday, February 2 from 10:00 a.m. - 11:00 a.m. The market is open to all Luzerne County families with children. Registration is required and ends on Monday, January 28 at 10:00 a.m. Applications are available at the library.

S.T.E.A.M. Club Saturday

The library is starting a S.T.E.A.M. Club. The club will meet on the last Saturday of every month beginning in February starting at 11:00 a.m. The first session is magnetism and will be on February 23. The club is open to ages 6 and up. Space is limited and registration is required. Call the library for more information.



Wyoming Free Library
358 Wyoming Ave • Wyoming, PA 18644

Experience something new at your neighborhood library!

- **Sewing Classes**
- **LEGO Club**
- **Tea Parties**
- **Quilting Classes**
- **Furry Tails Reading Program**

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Call 570-693-1364 or visit www.wyomingfreelibrary.com

Luzerne County Historical Society

In February, the United States celebrates African American history and heritage. Created in 1976 by President Ford as part of our nation's bicentennial, African American History Month is a celebration of the culture, traditions and heritage of African Americans.



This month we are sharing photos of two notable Wyoming Valley African Americans. First is John Henry Smythe (1844-1908). Born in Philadelphia, Smythe was described as the first black newsboy within the city. Upon completing school, Smythe attended Howard Law School and returned to Philadelphia to teach. He then moved to Wilkes-Barre to teach at the Gildersleeve School, educating the city's black population, before it closed in the early 1880s. Smythe's final assignment was as US ambassador to Liberia, reporting to the government on conditions in the fledgling nation.

Next is Mrs. Edgar (Helen) Stephenson. Born and raised in Wilkes-Barre, Mrs. Stephenson was a fixture in the volunteer community. While her husband, Edgar, was well-known as the longtime maitre d' of the Westmoreland Club, Helen served on numerous boards and volunteered at many community organizations. The pillar of her service was more than seventy years on the board of the Wilkes-Barre Young Women's Christian Association (YWCA). Under her leadership, the Wilkes-Barre YWCA was one of the more inclusive and welcoming organizations in the city, featuring an integrated board long before many other organizations. After the YWCA merged with the YMCA in 1981, Mrs. Stephenson continued her service there, as well as at the Salvation Army, White Haven Center and the Women's Negro League.

Pictured are Symthe and Stephenson, taken from the book *African-Americans in the Wyoming Valley 1778-1990 *by Emerson Moss, published by the LCHS and available for purchase at the Society's Bishop Library gift shop.

Submitted by
Mark J. Riccetti Jr.
Special Events and Operations Director
Luzerne County Historical Society
49 South Franklin Street
Wilkes-Barre, PA
570-823-6244 Ext. 3

**Westside Bulletin**
we're local and your hometown is our focus!
FREE!



Five Tips to Prepare For Taxes

By Martin A. Federici, Jr., *CEO of MF Tax & Accounting, Inc.*

It's that time of year – tax preparation season is here! I'm sure some of you dread this time of year, but I've got a few suggestions that can make it a bit more bearable and help you in the long run.



1. If you're not the do-it-yourself type, **hire an experienced, professional tax preparer to handle your returns.** Stay away from the generic chain tax prep services – they tend to significantly overcharge for preparing returns...as in charging by the form (which we view as being a rip-off) instead of using an hourly rate (much fairer).
2. **Make sure you have all needed tax documents.** Sounds simple enough, but being organized about collecting your tax documents (where did I put that W-2?) makes life much easier for your preparer (and you too)!
3. **Your preparer should ask you many questions, especially if it is the first time they are preparing your returns.** Even after the first year, personal/financial situations change over time, and any qualified tax preparer will know to ask the important questions (law changes, new possible deductions, etc.) so you don't leave anything on the table.
4. **If you work with a CPA, hopefully they offer advice for your specific tax situation during and after preparing your returns.** This can be very important for not only the current year (can a [traditional IRA](#) contribution lower your tax bill?) but the following year as well (should you contribute more to your [401\(k\)](#) at work?). Offering suggestions that can improve the amount you get back (or help you pay less than you have in the past) can be very valuable for some.

Your tax professional should be willing to speak with any other professionals you have hired. There are many reasons why insurance professionals, [professional financial advisors](#), attorneys, etc. should speak to your tax preparer (with your permission of course) to coordinate on issues that may be important and need to be looked at from different perspectives. This way, you get the input of trusted professionals on issues that overlap into several areas of your personal financial/tax situation.

Find an experienced local **tax preparer** who works for a professional tax preparation firm, earns his/her money from hourly/job fees (NOT charging by the form), believes in helping their clients improve their tax/financial situations, and has the heart & demeanor of a teacher, NOT a salesman, and chances are you've found the right **tax preparer** to help you with your tax situation.

For more information, please visit <http://www.mftax.com>, email marty@mftax.com, or call (570) 760-6524.

About *MF Tax & Accounting, Inc.*

MF Tax & Accounting, Inc. is a full-service tax preparation & accounting firm based in PA & FL specializing in tax preparation, tax planning & advice, and accounting services.

With 10+ years of licensed experience, over 10 years of professional education, and an unwavering commitment to helping you, MF Tax & Accounting, Inc. is the tax & accounting firm to best serve YOU.

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Wyoming Valley Montessori School receives ExxonMobil Educational Alliance grant



The Wyoming Valley Montessori School (WVMS) was recently awarded a \$500.00 grant from ExxonMobil through Liberty-Petroleum. This Exxon/Mobil Educational Alliance grant is designed to help schools purchase supplemental learning tools such as science lab supplies, iPads, graphing calculators or to fund math and science related field trips. The ExxonMobil Educational Alliance provides fuel retailers, such as Liberty Petroleum, with an opportunity to invest in the future of their communities through grants to neighborhood schools. Present at the check presentation were Gerald Danniell, CFO Liberty Petroleum and Dennis J. Puhalla, Head of School, WVMS.

WVMS, located in Kingston, Pa., was founded in 1970 by a group of parents interested in the educational philosophies of Dr. Marie Montessori. The school has a staff of 30 and an enrollment of over 125 students. It is an independent, non-profit co-educational day school and is fully accredited by the American Montessori Society and the Middle States Association Commission on Elementary Schools.

The Wyoming Valley Montessori School recently received a \$500 grant from ExxonMobil through Liberty-Petroleum. Shown, from left, Gerald Danniell, Liberty Petroleum and Dennis J. Puhalla, Head of School, WVMS.

The Edwardsville Active Adult Center
57 Russell Street 9:30-1:30
Call ahead to check if opened due to SNOW
Edwardsville, Pa. 18704
(570)287-3381

February 2019 Newsletter

Daily Activities

Books, magazines, puzzles, shuffleboard, cards, coupon swap, Computer use, coloring, games, T.V. and WII, and SOCIALIZING!

Weekly Scheduled Activities

Monday – 9:30am -11:45am Center Activities 12:30pm to 1:15pm Card Club

Tuesday – 11:00-12:00 Center Activities

Wednesday – 10:45 to 11:45am Singing Club (LOONY TUNES) 12:30 pm to 1:15 pm Shuffleboard

Thursday – 10:00am-11:00am Crafts 11:00am- 12:00am Center Activities 12:30pm to 1:15pm Shuffleboard

Friday- 10:45-1:15 Dominoes-Mexican Train

All Weekly Activities may occur more often as time allows!

CONDUCTORCISE---Daily!!! Time will vary daily depending on events!

Special Events and Programs for the month:

February 1 (Friday) Super Bowl Lunch and Party

February 5 (Tuesday) Foster Grandparents 12:00-1:00

February 6 (Wednesday) 10:30 – 11:45 Blood Pressure Checks Sponsored by Lois Elick from PA Dept. of Health

February 12 (Tuesday) Bag Lunch Day –Center closes 11:15

February 13 (Wednesday) 10:00 – 1:00 Rent Rebate Assistance Representative Aaron Kaufer's Office

February 14 (Wednesday) Happy Valentine's Day Lunch

10:30-12:00 Bayada Home Health Care-FollowUp-Fall Prevention

BILL ELLSWORTH –12:15- 1:15 "Love Songs"

February 18 (Monday) Closed-President's Day

February 19 (Tuesday) 11:00 Kingston Healthcare Center "Healthy Eating as We Age"

February 21 (Thursday) Academy Awards Party 11:00

February 25 (Monday) Academy Award Results Center Winner Announced!

February 27 (Wednesday) 10:30- 12:15 Blood Pressure Checks & Talk

Sponsored by Lois Elick from PA Dept. of Health



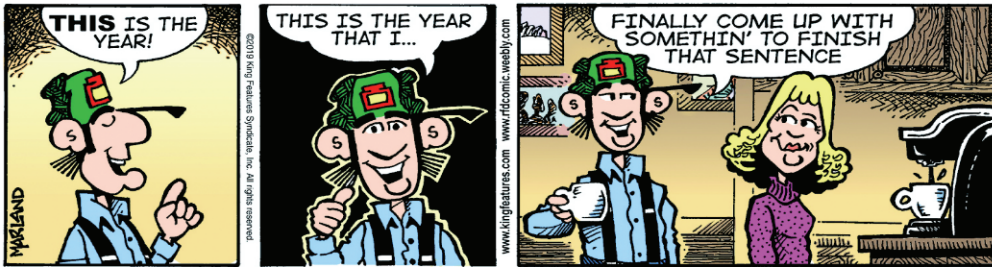
Amber Waves

by Dave T. Phipps



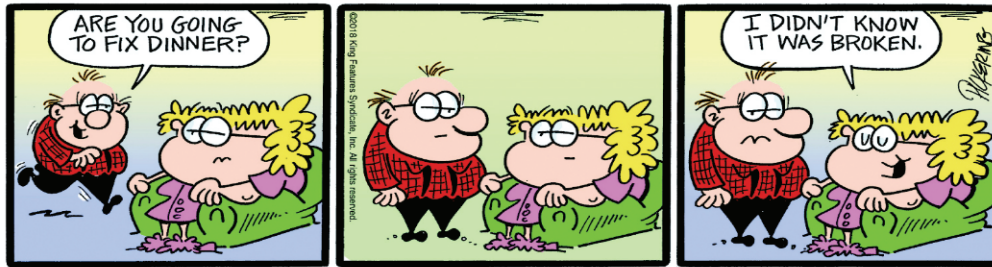
R.F.D.

by Mike Marland



The Spats

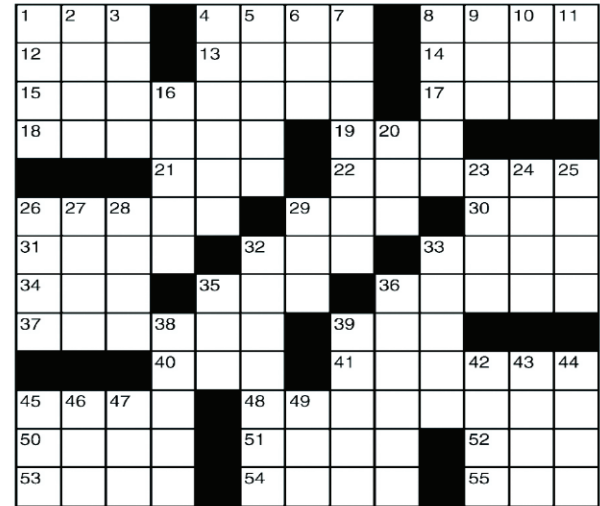
by Jeff Pickering



King Crossword

ACROSS

- 1 Ref
- 4 Present
- 8 Jeans-maker Strauss
- 12 Seek damages
- 13 Dunkable treat
- 14 Mosque bigwig
- 15 Jogged untogged
- 17 Baby feeding finale
- 18 Standing
- 19 Parched
- 21 Started
- 22 Let slip
- 26 Reservation residence
- 29 Marry
- 30 Part of "to be"
- 31 Unoriginal one
- 32 Pickle container
- 33 Thick chunk
- 34 Grant opponent
- 35 Plague
- 36 Coffin
- 37 Duration
- 39 Bill's partner
- 40 Scooted
- 41 Turmoil
- 45 Gujarat garment
- 48 Vigor



- 50 Help hoods
- 51 Unctuous
- 52 "Holy cow!"
- 53 Uppercase
- 54 Untouchable Eliot
- 55 Agent
- 8 Tripoli's land
- 9 Aussie bird
- 10 Alt. spelling
- 11 Mischievous tyke
- 16 Swiss mathematician
- 20 Scarlet
- 23 Hardy cabbage
- 24 Historic times
- 25 "Pay later" aftermath
- 26 Lofty
- 27 Duel tool
- 28 Hammerhead part
- 29 Grow bigger
- 32 Lincoln successor
- 33 Rid of wool
- 35 Sch. org.
- 36 Rabbits
- 38 Southern side dish
- 39 Ringlets
- 42 Early birds?
- 43 Flight component
- 44 Yon folks
- 45 Pouch
- 46 Counselors' grp.
- 47 Agt.
- 49 Dead heat

DOWN

- 1 Cold War initials
- 2 Silent
- 3 Culprit, for short
- 4 Small beard
- 5 Annoyed
- 6 Retainer
- 7 Little kid

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Weekly SUDOKU

by Linda Thistle

	7		9					5
		6	1			4		
3				8	6			2
	9			1				7
2					8			4
		8	3			9		
9			6					3
7		2			9			6
	3			5		2		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

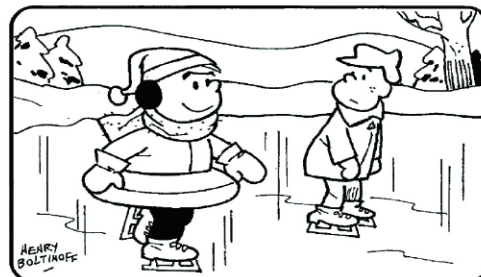
DIFFICULTY THIS WEEK: ◆◆◆

- ◆ Moderate
- ◆◆ Challenging
- ◆◆◆ HOO BOY!

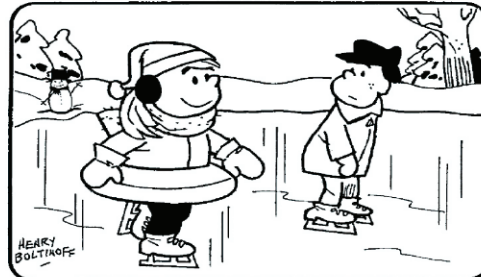
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Snowman is added. 2. Boy's hat is black. 3. Girl's hair is different. 4. Background hills are missing. 5. Tree is added on right. 6. Boy's left arm is hidden.

8	6	2	4	5	7	1	3	9
1	9	5	6	3	8	2	4	7
3	4	7	2	1	9	5	8	6
2	1	6	4	7	3	8	9	5
4	5	3	8	9	6	7	1	2
9	7	8	7	2	5	1	6	4
2	7	1	9	8	3	6	5	3
6	3	6	4	1	7	5	4	8
5	8	5	3	9	3	6	8	5

Answer

Weekly SUDOKU

P	S	S	N	E	S	C	A	P	S																																		
L	S	S	N	E	S	C	A	P	S																																		
E	G	E	L	O	I	L	O	I	L																																		
H	H	N	T	S	T	R	E	N	G	E	S																																
T	T	N	U	R	N	E	S	T	T	N	U	R	N	E	S	T																											
S	T	O	O	H	T	G	N	E	L	E	R	E	L	E	R	E																											
S	T	O	O	H	T	G	N	E	L	E	R	E	L	E	R	E																											
A	P	R	J	A	R	S	L	A	B	A	P	R	J	A	R	S	L	A	B																								
T	E	P	E	W	O	D	O	W	O	D	O	W	O	D	O	W	O	D	O	W																							
D	L	E	D	L	E	A	K	E	D	L	E	A	K	E	D	L	E	A	K	E																							
R	E	P	U	T	E	D	R	Y	R	E	P	U	T	E	D	R	Y	R	E	P	U	T	E	D	R	Y																	
S	T	R	E	A	K	E	D	B	U	R	P	S	T	R	E	A	K	E	D	B	U	R	P	S	T	R	E	A	K	E	D	B	U	R	P								
U	M	P	G	I	F	T	L	E	V	I	U	M	P	G	I	F	T	L	E	V	I	U	M	P	G	I	F	T	L	E	V	I	U	M	P	G	I	F	T	L	E	V	I

Solution time: 27 mins.

Answers

King Crossword

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Trivia test

by Fifi Rodriguez

1. LITERATURE: Which 20th-century novel begins with the line, "All of this happened, more or less"?
2. GENERAL KNOWLEDGE: What are the two flowers traditionally associated with the month of December?
3. FOOD & DRINK: What is cardamom?
4. GEOGRAPHY: In which country is Mount Kilimanjaro located?
5. U.S. STATES: Which state's slogan is the "Land of 10,000 Lakes"?
6. TELEVISION: What was Archie Bunker's nickname for his wife Edith in "All in the Family"?
7. CHEMISTRY: What is the lightest element?
8. U.S. PRESIDENTS: What was the Secret Service code name for President Jimmy Carter?
9. MUSIC: Which 1980s movie features the song "The Power of Love"?
10. LANGUAGE: What does the name "Volvo" mean in Latin?

1. "Slaughterhouse-Five," by Kurt Vonnegut; 2. Narcissus (paperwhite) and holly;
3. A spice; 4. Tanzania; 5. Minnesota; 6. "Dingbat"; 7. Hydrogen; 8. "Deacon";
9. "Back to the Future"; 10. "I roll"

Trivia Test Answers



Chacko's Family Bowling Center Wilkes-Barre

April 13, 2019
9 am – 5 pm

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